



Fasting

*Developing a Hunger
for God*



**Charles
Finney**
1792 - 1875

DANIEL
FINNEY

PASTOR

1816-1822

LABORER WITH

FINNEY

MIGHTY IN PRAYER

Nov. 27, 1775.

Dec. 20, 1831.





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What is fasting?

Fasting is the denial of a physical hunger for the things of this world in order to cultivate a spiritual hunger for the things of God.



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BROKEN WALLS

The Book of Nehemiah

FEBRUARY 2020

Church-Wide

Prayer & Fasting



**Now there were four men
with leprosy at the
entrance of the city gate.
They said to each other,
“Why stay here until we
die? If we say ‘We’ll go into
the city’ – the famine is
there, and we will die.**

**So lets' go over to the camp
of the Arameans and
surrender. If they spare us,
we live; if they kill us, then
we die.” At dusk they got up
and went to the camp of the
Arameans. When they
reached the edge of the**

**camp, no one was there, for
the Lord had caused the
Arameans to hear the
sound of chariots and
horses and a great army, so
that they said to one
another, “Look, the king of
Israel has hired the Hittite**

**and Egyptian kings to
attack us!” So they got up
and fled in the dusk and
abandoned their tents and
their horses and donkeys.
The left the camp as it was
and ran for their lives.**



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**Because you have not served
the Lord your God joyfully
and wholeheartedly with the
abundance of everything you
have, you will instead serve
your enemies whom He will
send against you bringing
hunger, thirst, nakedness,
and lack of everything...**



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**1. Hunger can drive us to a
needed place of discomfort.**



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Dean
Karnazes
Ultramarathon
Runner



“Western culture has things a little backwards right now. We think that if we had every comfort available to us we’d be happy.



We equate comfort
with happiness.
And now we're so
comfortable we are
miserable. There's
no struggle in our
lives, no adventure.



We get in a car, we
get in an elevator, it
all comes easy.

What I've found is
that I'm never more
alive than when I'm
pushing and I'm



in pain, and I'm
struggling for high
achievement, and in
that struggle I think
there's magic."



**1. Hunger can drive us to a
needed place of discomfort.**



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- 1. Hunger can drive us to a needed place of discomfort.**
- 2. Hunger can drive us to a needed state of humility.**



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- 1. Hunger can drive us to a needed place of discomfort.**
- 2. Hunger can drive us to a needed state of humility.**
- 3. Hunger can drive us to take bold action.**





But when he came to his senses, he said, “How many of my father’s hired servants have more than enough bread, but I am dying here with hunger!”



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