

# The Nall Call

Monthly Newsletter of Nall Avenue Baptist

February 2020 Volume 34, Issue 2



TRANSFORMING  
LIVES



BUILDING  
RELATIONSHIPS



IMPACTING  
COMMUNITIES

## A Month of Fasting & Prayer

What are the Broken Walls in your life? Let God reveal them to you as you fast. Let's rebuild those revealed walls as we fast together the month of February. If you haven't received your 29 day guide, visit the welcome center.

During this season of fasting, let's join in corporate prayer weekly on Monday nights from 2/3—2/17, 6:30 pm—7:30 pm in the Sanctuary.



## Calling all those who have a heart for blended families



We will be hosting a one day livestream for step-family couples, single parents, dating couples with kids and those who care about blended families. With some of today's most trusted experts, Blended and Blessed will challenge, inspire and encourage us.

We are looking for volunteers interested in serving on the planning team to kick off a successful event. Positions include: hospitality, prayer, set up, and publicity teams.

**Saturday, April 25 from 9 am—4 pm**

If you are interested in serving please contact Kelly Jackson (Kelly@nallave.org) or Gerrie Orr (gerrieo5135@gmail.com)

## Preparing for a long-term fast by Kelly Jackson

As we enter the month of February, some may be deciding on entering into a long term fast for the first time. There are many ways to prepare our bodies and minds for a season of sacrifice. Here are a few things I've learned throughout my seasons of fasting:

1. Define your starting and ending dates and times (yes, even times). During a fast my mind is my worst enemy – it convinces me to quit early or cheat. When I have clearly defined the dates and times, then I can hold to the finish line.
2. Prepare by clearly stating what you will and will not allow in your fast. Do you want to only consume liquids? Will you allow smoothies, coffee, creamy soups? This will help define what you can and cannot consume when times of extreme hunger come. Usually, I will do water only for the first few days, then start incorporating bone broth and low sugar juices after a few days.
3. Start a week before the beginning of the fast by cutting out sugar, processed foods, fried foods, and caffeine. This will make the initial detox of the first few days a little less painful.
4. Water, water and more water! It helps fulfill the sensation of sustenance and hydrates as well.
5. Consider your calendar and be realistic – it's a marathon not a sprint. When I was single and living alone, I had more freedom to fast. Now as I have increased home and hospitality demands doing a long term intermittent fast is more realistic for this season in my life.
6. Make a prayer calendar. List the people/communities that you plan to pray for each day of your fast and ask God for a scripture or encouragement for them daily. Then share it with them! Another option is to start a bible study while fasting –to focus your mind on the exact topic you are desiring to hear from God about.
7. Instead of meal times, use that time for prayer, bible reading, reflection and scripture memory. Man shall not live on bread alone but every word out of the mouth of God. Fill your meal times meaningfully.
8. Expect to see results by God shining His light first on our own hearts, then He will work outside of us. Many times I come to God in a fast with a long list of prayer requests for others, however during my time with Him, he shows me areas he wants me to be conformed to his image. It's a time of humility, pruning and submission. It's holy and sacred and I welcome it.
9. Seek support from those fasting along-side you. During this month there will be many who are dealing with the same hunger, temptation to quit, headaches and more. Don't hesitate to reach out for encouragement and prayers.

God bless you as you take this sacrificial, God-glorifying journey and it's exciting to anticipate what God will do in us and through us because of this fast.

### Deepest Sympathies

We extend our deepest sympathy to the families and friends of;

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- Chris Radliff, mother of John Radliff
- Steve Bass, brother of Debbie Gomer



### Wednesday Night Dinner Menu:

Feb. 5-Almond chicken & rice, squash casserole, peas, sautéed mushrooms.

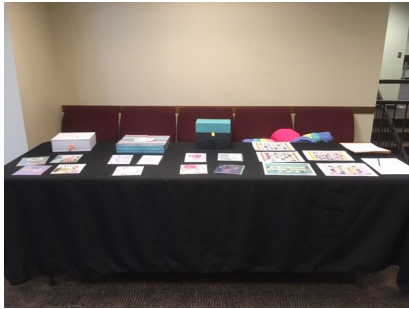
Feb. 12-Chicken fried steak, mashed potatoes, green beans, corn & rolls.

Feb. 19-Pulled pork sandwiches, charro beans mac & cheese, cole slaw

Feb. 26-Buffalo chicken soup, Texas Chili

## MOPS Fundraiser Recap

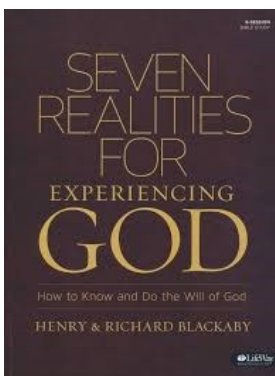
A big thank you to all those who made our MOPS card fundraiser a success. With the help of all who made a purchase of the handcrafted cards and boxes, we were able to reach our goal. Thank you everyone!



## Haiti Mission Trip Luncheon

If you are interested in learning more about the Haiti Mission Trip in October, attend a luncheon on Sunday, Feb. 23, at noon, RSVP for lunch and childcare to Lewis Jones at [lewis@nallave.org](mailto:lewis@nallave.org)

## New Women's Bible Study Starts February 26



God wants you to know His will. He's not trying to hide it from you! The "Seven Realities for Experiencing God: How to Know and Do the Will of God" is an 8-sessions Bible study written by Henry & Richard Blackaby. It uses short daily devotions plus group discussion to identify a biblical pattern by which God reveals His will so that you can join Him in His activity. Classes begin Wednesday, February 26, at 6:30 pm. Led by Marie Clark; cost is \$14. Register online or at the Welcome Desk.

## Upcoming Eves

Upward Games	Feb 1
Women's Prayer Luncheon	Feb 2
Men's Breakfast	Feb 3
BSF	Feb 5
MOPS	Feb 6
Upward Games	Feb 8
Kids Camp Mtg	Feb 9
Home Group Ldrs Mtg	Feb 2
TL & AHG	Feb 10
BSF	Feb 12
AWANA Crazy Hair Night	Feb 12
MOMSnexT	Feb 13
Upward Games	Feb 15
BSF	Feb 19
MOPS	Feb 20
Upward Games	Feb 22
Mission Trip Lunch	Feb 23
TL & AHG	Feb 24
Upward Awards	Feb 24
BSF	Feb 26
Moms In Prayer	Feb 26
MOMSnexT	Feb 27
Leap Day	Feb 29

## Women's Prayer Partner Kickoff Luncheon February 2

The Women's 2020 Prayer Partner Kickoff Luncheon is scheduled for Sunday, Feb. 2, at 12:00 noon in Room D-108. This ministry pairs two women of faith for the year to intentionally pray for each other and grow in relationship. Women may opt to partner with someone they know or be assigned a partner. Partners are encouraged to stay in contact on a frequent basis—whether by emails, calls, texts, or in person.

All who would like to participate are encouraged to attend the cost-free luncheon. Child care is available with registration. Please register as a prayer partner and for the luncheon at the Welcome Center in the Foyer or at [www.nallave.org/women](http://www.nallave.org/women). Further details and registration forms are available at the Welcome Desk. Questions? Contact Deanna Lang, [dlsngs4jc@yahoo.com](mailto:dlsngs4jc@yahoo.com) or Marie Clark, [marieclark4455@gmail.com](mailto:marieclark4455@gmail.com).

## Worshiping more like it's Halloween rather than Christmas or Easter by Mark Miller

Everyone has their favorite holiday and the reasons why they celebrate it. Christmas seems to be the popular one, but for many candy lovers and costume wearers Halloween is the favorite. It is a neutral holiday in my opinion, but I do believe, however, that how we celebrate Halloween can tell of our human desire to disguise ourselves. Now, as a person who loved to act in plays, I can testify to the draw of forgetting myself for the sake of putting on a role and being someone else. But there are plenty examples in history and current culture that prove we all entertain this practice on some level in our own lives. You may not dress up like Spiderman for Comic-Con, but there are different costumes/masks that we wear to present a not-so-true version of ourselves to those around us. This kind of deception is one of the reasons we struggle with having authentic, discipling relationships with our neighbors, families, and God.

In some ways we are like the Samaritan woman in John 4 who tried to deceive Jesus, lying about her marital status. But after calling her out and exposing her mask, Jesus then taught her of God's desire for true worshipers to worship the Father in spirit and in truth. You see, God desires not just for our worship to testify to the truth about who He is, but also to consist of an authenticity about who we are before Him.

Unfortunately, some of us use our religiosity as a mask; singing out pious phrases about Jesus being Lord but never allowing Him to really be lord of our lives. We sing of cross and take the bread and cup of the Lord's Supper but never consider the weight of our sin that brought His crucifixion.

Our loudest praise may extend upward quite far, but from how deep within the worshiper does it germinate? What is the measure between what we confess with our lips and the vulnerability of our soul? Let us stop hiding behind our Sunday costumes and worship our Jesus with genuine lamenting and sorrow, joy and love, and hope and zeal.



**DONATE WHILE YOU DINE**

CULVER'S OF MISSION  
SUNDAY, FEBRUARY 9, 2020  
12:00 p.m. to 3:00 p.m. - 10% of sales donated to  
NALL AVENUE BAPTIST CHURCH

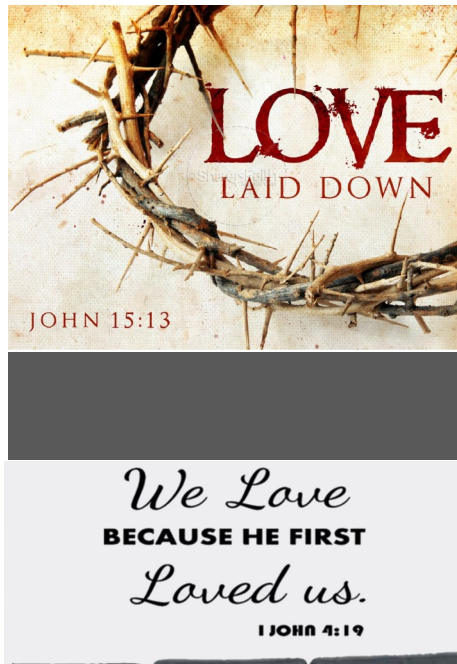
Enjoy a delicious meal, benefit a great cause and feel good all over.

**THANKS FOR YOUR SUPPORT!**

**Culver's Cares**

CULVER'S of MISSION  
6005 Metcalf Avenue  
Mission, Kansas 66202  
913-262-7200

Small images of Culver's food items: a drink, fries, and a burger.



**LOVE LAID DOWN**

JOHN 15:13

*We Love BECAUSE HE FIRST Loved us.*

JOHN 4:19

Image of a crown of thorns.



**JOY LUNCHEON**  
February 13, 2020

MOKAN REUNION BAND  
presents.....  
A MUSICAL ROADTRIP

ROUTE 66  
500 MILES  
COUNTRY ROADS  
JAMACIA FAREWELL  
THIS LAND IS YOUR LAND

Fellowship begins at 11:30 AM in the CLC  
Everyone is welcome so bring a friend or family  
Bring a dish to share or pay \$4\$ at the door

Small images of road signs and a road graphic.